

# Advance Chiropractic



*& Allied Health Services*

## **New Patient Examination**

**\$152**

On the first visit we will take a complete health and medical history and perform tests to diagnose your condition accurately and precisely. A postural x-ray may be necessary to visualize your spine. A treatment plan is designed and your first spinal adjustment is given.

## **Repeat Examination**

**\$77**

We periodically perform follow-up exams to check the progress of your condition. You will be able to see in precise measurement the changes in range of motion, decreased muscle spasm and tenderness in your areas of complaint. Our doctors use this information to modify your treatments including reducing treatment frequency, to change course of treatment or to add other therapies.

## **Diagnostic X-Rays**

**\$133**

Diagnostic x-rays are a series of two or more x-rays taken to get comprehensive views from different angles to determine bone disease or health. A postural x-ray, which is included in the new patient examination, is a quick view of the spine to scan for potential problems and is not diagnostic.

## **Activator Method® Adjustments**

In this office we use a specialized chiropractic technique called the Activator technique. This method uses an instrument to tap on the spine with low force at a fast speed. It is very specific and comfortable – without the twisting or popping you may have previously experienced.

## **Spinal Areas of Adjustment**

According to the American Medical Association, there are five areas of spinal adjustment your chiropractic doctor may treat: Cervical (neck); Thoracic (middle back); Lumbar (low back); Sacrum and Pelvis. When diagnosis is made after an examination, the specific level or levels of spinal adjustment is determined.

**1-2 Areas: \$42**

**3-4 Areas: \$51**

**5 Areas: \$77**

## **The Extra-Spinal Areas of Adjustment: Extremities**

**\$21**

These include all other joints besides the spine and pelvis. Many patients receive adjustments to their knees, hips, shoulders, ankles, wrists, etc. Most patients will receive spinal adjustments with the extremity to improve the nerve energy supply to the joint.

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## **Unattended Therapies**

**\$31**

**Electric Stimulation:** A mild and gentle current is applied to reduce tissue inflammation and pain.

**Intersegmental Mobilization:** A smooth roller gently stretches and relieves stress and pressure built up between the vertebrae in the spine.

## **Attended Therapies**

**\$46**

**Cold Laser Therapy:** Also called "Light Therapy." It promotes healing at the cellular level by generating a healing response within the cells.

**Ultrasound:** A deep gentle heat wave with penetration to tissue for improved circulation. It also stimulates your body's healing responses.

**Exercise Therapy:** In our office, the doctor designs your exercise prescription, demonstrates and instructs you individually to perform the exercises correctly to prevent injury and follows up with you to evaluate your progress.

## **Acupuncture**

**\$62**

Acupuncture is used to reduce pain and balance energy flow to the affected areas. It consists of the placement of very fine wires along specific meridian points on your body.

## **Nutritional Counseling**

**\$46**

After thorough health and medical history evaluation and diagnosis of your condition, your doctors may suggest specific nutritional supplements or programs to support your body systems, promote healing, and encourage general wellness.

## **Therapeutic Massage Therapy**

Therapeutic massage focuses on working deep tissue to reduce muscle tension, spasm and imbalance, and improves blood flow to the muscles. Our massage therapists are trained to coordinate massages with the chiropractic treatments.

**15 Minutes:           \$15**

**30 Minutes:           \$40**

**60 Minutes:           \$70**

**90 Minutes:           \$110**

\*These fees are presented as usual charges but your condition may require different procedures and charges.